

# LIFE ETC.

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PARENTING

## Can game theory help parents?

By Leanne Italie  
Associated Press

NEW YORK — Game theory, a branch of mathematics dealing with strategic thinking, has been applied to scenarios of war, business and biology. But parenting? You bet, said writer and New York City dad of five, Paul Raeburn, who has written a book with academic Kevin Zollman noting all the ways dealing with kids might go more smoothly if only parents knew a little bit about game theory.

The book, "The Game Theorist's Guide to Parenting," was published in April by Scientific American / Farrar, Straus and Giroux.

A conversation with Paul Raeburn:

**AP: What motivated you to take on game theory as it relates to parenting?**

Raeburn: I didn't know a whole lot about game theory but I was delighted to take a look at a new approach to parenting because as the father of five kids I've pretty much tried everything and I have what you might call a mixed record. All of my kids have turned out fine but it's been a real learning experience along the way.

Basically, without getting into the mathematics of game theory, which are beyond me, the idea is that game theory is sort of an organized way of studying strategies. As parents, it can give us confidence to do the things that we instinctively think we should do.

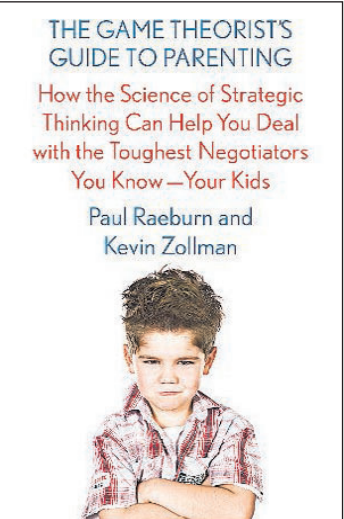
**AP: In parenting, does game theory rely on the notion of negotiating. Should parents be in the business of negotiating?**

Raeburn: In negotiations you have to be strategic. Our children are some of the toughest negotiators we will face. They really can stick to their positions. So the ideas of game theory that are applicable to parenting include how to better negotiate with your kids, how to be fair, how to encourage them to be fair with one another and how to encourage them to cooperate with one another.

**AP: What are some specific game theories that relate to parenting?**

Raeburn: For instance, the idea of fairness. If you're going to share a piece of cake and you want to share it fairly between your son and your daughter, one game theory technique is called, 'I cut, you pick.' So your son, who is older, takes the knife and cuts as carefully as possible into two pieces and then your daughter picks the one she wants.

SEE THEORY, D4



This book cover provided by Scientific American/Farrar, Straus and Giroux shows "The Game Theorist's Guide to Parenting" by Paul Raeburn and Kevin Zollman. Raeburn, a father of five, and Zollman, a game theorist and academic, have teamed to show parents how the complicated mathematical theory can help with one of life's most high-stakes strategic challenges: parenting. SCIENTIFIC AMERICAN/FARRAR, STRAUS AND GIRoux VIA AP

LET'S TALK PETS

# Bring Back Brownie!



In this undated photo, a tourist bends to talk to Brownie, the town dog, near the Daytona Cab Company at the corner of Beach Street and Orange Avenue. Brownie showed up in downtown Daytona Beach one day in 1940 and was soon adopted by the city. STATE ARCHIVES OF FLORIDA, FLORIDA MEMORY

## This community needs a town dog - again



JANE DAVIS

EDITOR'S NOTE: Jane Davis writes a citizen blog for news-journalonline called "Let's Talk Pets," which you can find at [letstalkpets.blogs.news-journalonline.com](http://letstalkpets.blogs.news-journalonline.com). Her column will appear in the Life Etc. section of The Daytona Beach News-Journal twice a month. Born in rural U.K., surrounded by farm and domestic animals, she is passionate about animals and supporting local animal rescue. Jane says that the world of animal rescue is like riding a roller-coaster, with "big ups and downs; not for the faint of heart." She hopes sharing some of these stories will help even more animals. Contact her at [volusiacountypets@gmail.com](mailto:volusiacountypets@gmail.com).

One sunny day in Daytona Beach in 1940, a large, friendly, sandy colored dog suddenly appeared on the corner of



Brownie, Daytona Beach's town dog, passed away in 1954. His grave is marked by this tombstone and topiary in Riverfront Park on Beach Street. JANE DAVIS

Beach Street and Orange Avenue (where Stavro's Pizza is now located). He quickly became a permanent resident and was so well loved by the local community that when he died of in 1954, he was laid

to rest in a beautiful grave at Riverfront Park that is still there to this day.

In 1940 the Beach Street shops were the hub of activity in Daytona Beach, before the Volusia Mall, the Speedway, and when racing cars still used the beach as a track. Back then the corner where Brownie made his home was the location of the Daytona Cab Co. and owner, Ed Budgen, took a special liking to this friendly dog and started to feed him scraps of food (as did other cab drivers). They named him Brownie and eventually built him a dog house with a coin jar set outside where locals and tourists would donate towards his food and vet bills. The dog's fund grew so much that they opened a bank account for him at the Florida Bank & Trust (now the Halifax Historical Museum).

I checked in at the Halifax Historical Museum and found out a lot more about Brownie. In fact, museum director Fayn LeVeille used to run and play with Brownie for hours as a child in Riverfront Park along with the

SEE BROWNIE, D4

FAMILY TIME

## Stories of hope for Eating Recovery Day

GateHouse News Service

Savannah Kerr battled anorexia for 18 years before she hit rock bottom and decided that it was finally time to seek treatment.

"Suffering from an eating disorder was so hard, not just on me, but my family as well. It felt like having this dark part of my personality that controlled what I could eat and how I felt about my body," Kerr said.

Eating disorders have the highest mortality rate of all mental illnesses; almost one person an hour dies as a direct result from the disease. While it is estimated that up to 30 million people in the United States have one of these illnesses, it remains a taboo topic.

"Eating disorders can impact anyone—men and women, young and old, and all economic classes and races. Despite the high mortality rate, there is still a stigma and many people avoid seeking treatment and are unaware of how serious and life-altering



Eating disorders have the highest mortality rate of all mental illnesses; almost one person an hour dies as a direct result from the disease. METRO CREATIVE CONNECTION

eating disorders can be," said Ken Weiner, founding partner and chief executive officer of Eating Recovery Center.

Eating disorders can threaten a person's health, well-being, joy, confidence and overall life, as well as that of their families and friends.

### Talking: the first step

Despite the pervasiveness of eating disorders, many myths about eating disorders continue to persist. A common misconception is that eating disorders are caused by an

SEE RECOVERY, D4

PARENTING

# Better mobile phone photos

By Jamie Davis Smith  
Special to The Washington Post

Ask any photographer what the best camera is and you will likely receive the same answer: The one you have with you. Fortunately, most parents always have a camera with them these days in the form of their phone. Luckily, most mobile phone cameras are very good and capable of producing print-worthy images with a few quick tweaks in the way you shoot and edit.

Julia Kelleher of Jewel Images is a family photographer who teaches mobile photography through CreativeLive. Here, she shares her top four tips for getting better pictures of your children with your camera's phone:

- Set focus and exposure in camera. To set focus and exposure in your camera, touch the camera's screen on your main subject until a yellow box appears. This step is very fast and will make a huge difference in how your photos come out. If your child frequently looks too dark in photos, simply tapping her face on the screen before snapping your photo will brighten her up. This tip also helps ensure that your child is in focus rather than a tree in the background.
- Turn on the Grid: In most phones' settings, there is a feature to turn on a grid with nine squares and four intersecting points, like a tic-tac-toe board with equally sized spaces. The interesting points on the grid are places where viewers' eyes tend to land. Placing your main subject at one of these points will instantly improve your photo. Photographers frequently use this compositional technique, called the Rule of Thirds, and if you keep the grid turned on you can effortlessly use it for your photos as well. Other compositional rules for taking great photos, particularly of children, can be found at [clickinmoms.com](http://clickinmoms.com).
- Use indirect light to take a picture in a darkly lit room. Flash can create harsh shadows. If a room is dark, light the person from the side rather than using the flash. According to Kelleher, "This tip is great for when you're out at dinner with friends or family and the room is dimly lit with candles. Simply have one person hold the flash onto your subjects, and then take a picture with your [mobile phone] with the flash off."
- Use color to impart feelings into your images. Basic familiarity with the color wheel can make a big difference in your photos. "I will often photograph children with complementary colors because it makes them seem alive and happy and very vivacious," Kelleher says. This color wheel is interactive and quickly shows complementary color combinations so, for example, you can see that if your son is wearing an orange shirt placing him in front of a blue wall or against a bright blue sky will create a vibrant image.

It's nearly impossible get a perfect photo straight out of the camera and even professional photographers

SEE PHOTOS, D4



# TELEVISION

TUESDAY EVENING - MAY 3														CC – closed captioned; L – live; N – new;  – stereo; T – taped				BH - Bright House Networks DC - DeBary Comcast	
Movies: G – all ages. PG – some content may not be suitable for children. PG-13 – parents strongly cautioned. R – under 17 should be supervised by adult. NR – not rated.																			
BH	DC	6 P.M.	6:30	7 P.M.	7:30	8 P.M.	8:30	9 P.M.	9:30	10 P.M.	10:30	11 P.M.	11:30						
4	NBC-2	11	WESH 2 News at 6 PM	NBC Nightly News - Holt	Entertainment Tonight (N)	Access Hollywood (N) 'PG'	The Voice (N) 'PG' (CC) (DVS)	Chicago Med (N) '14' (CC) (DVS)	Chicago Fire (N) '14' (CC) (DVS)	News	Tonight Show								
6	CBS-6	6	News 6 at 6:00p (N)	CBS Evening News/Pelley	News 6 at 7:00p (N)	Inside Edition (N) 'PG' (CC)	NCIS: A 14-year-old stops a home invasion. (N) '14'	NCIS: New Orleans (N) '14' (CC)	Person of Interest (Season Premiere) (N) '14' (CC)	News 6 at 11:00p (N)	Late Show-Colbert								
9	ABC-9	9	Eyewitness News at 6 (N)	ABC World News	Jeopardy! (N) 'G' (CC)	Wheel of Fortune (N) 'G'	Fresh Off the Boat (N) 'PG'	Marvel's Agents of S.H.I.E.L.D. (N) 'PG' (CC)	Beyond the Tank (N) 'PG' (CC)	Eyewitness News 11PM	Jimmy Kimmel Live (N)								
15	WDSC-15		The Visionaries 'G'	Nightly Business Report	Closer to Truth 'G'	Central FI on the Water (N)	Ballykissangel: Golf course; first baptism; horseman. 'PG'	Mr & Mrs Murder: Jonah Ellroy is killed. 'PG'	Road to Austin: Stephen Bruton assembles a concert. 'G'	Whole Truth With David	Fall In Love With Music								
8	CW-18	8	Mike & Molly 'PG' (CC)	Mike & Molly '14' (CC)	2 Broke Girls '14' (CC)	2 Broke Girls '14' (CC)	The Flash (N) 'PG' (CC)	Containment (N) '14' (CC)	News	Two and a Half Men 'PG'	Charlie Rose (N) (CC)								
7	PBS-24	21	World News America	Nightly Business Report	PBS NewsHour (N) (CC)	American Masters: Rock singer Janis Joplin's life. (N) '14' (CC)	Un camino hacia el destino (N) '14'	Yago (N) '14'	Frontline: War-torn Benghazi; fighting in Yemen. (N) 'PG'	Point Taken (N) (CC)	Noticiero Univision								
18	UNI-26	16	Noticias Univision	Noticiero Univision (N)	Sueño de Amor (N) '14'	Steve Harvey (N) 'PG' (CC)	RightThis-Minute (N) (CC)	Family Feud (N) 'PG' (CC)	News	News at 10:30pm	Seinfeld 'PG' (CC)	Cougar Town '14' (CC)							
10	WRDQ-27	14	The Middle 'PG' (CC)	Seinfeld 'PG' (CC)	Family Feud (N) 'PG' (CC)	Family Feud (N) 'PG' (CC)	New Girl (N) '14'	Grandfathered (N) '14'	New Girl (N) '14'	The Grinder (N) 'PG'	FOX 35 News at 10 (N) (CC)	FOX 35 News at 11 (N) (CC)	TMZ 'PG' (CC)						
3	FOX-35	10	FOX 35 News at 6 (N) (CC)	Modern Family 'PG' (CC)	Modern Family 'PG' (CC)	TMZ (N) 'PG' (CC)	Changing Experience	Life Today 'G'	Prophecy in the News 'G'	Jewish Voice	The Winning Edge	Andrew Wommack	Welcome Home						
19	WTGL-45	17	CBN News-watch	Great American Gospel	Welcome Home	SuperChannel Presents	Perry Stone 'G'	From Israel to the Nations	Paid Program	SuperChannel Presents	Faith Builders	Joseph Prince							
14	WACX-55	5	Criminal Minds: Several families are murdered. '14' (CC)	Criminal Minds: Several families are murdered. '14' (CC)	Criminal Minds: The team races to find the Reaper. '14'	Criminal Minds '14' (CC)	Criminal Minds '14' (CC)	Criminal Minds: A man begins a killing spree. '14' (CC)	Criminal Minds '14' (CC)	Crazy Talk '14' 'PG' (CC)	The Simpsons 'PG' (CC)	Anger Management '14'	Anger Management '14'						
5	MY-65	7	Dish Nation (N) 'PG' (CC)	Crazy Talk '14' (CC)	The Big Bang Theory 'PG'	The Big Bang Theory 'PG'	The Walking Dead 'MA' (CC)	The Walking Dead 'MA' (CC)	The Walking Dead: Rick deals with old wounds. '14' (CC)	Crazy Talk '14' 'PG' (CC)	The Simpsons 'PG' (CC)	Anger Management '14'	Anger Management '14'						
BH	DC	6 P.M.	6:30	7 P.M.	7:30	8 P.M.	8:30	9 P.M.	9:30	10 P.M.	10:30	11 P.M.	11:30						
48	AMC	37	"For Your Eyes Only" (1981)	"Casino Royale" (2006, Action)	Daniel Craig, Eva Green, Mads Mikkelsen. (CC)	The Night Manager (N) '14' (CC)	The Night												
44	ANPL	70	North Woods Law: Hunt	North Woods Law: Hunt	North Woods Law '14' (CC)	River Monsters: Search for the greatest river monster. 'PG'	River Monsters												
42	A&E	33	The First 48 '14' (CC)	The First 48 '14' (CC)	The First 48 'PG' (CC)	Storage Wars	Storage Wars	Storage Wars: Barry's Best											
67	BET	44	Martin 'PG'	Martin 'PG'	"Jumping the Broom" (2011, Comedy)	Chasing Destiny (N) '14'	Chasing Destiny '14'												
57	BRAVO	61	Real Housewives/Beverly	Real Housewives/Beverly	Real Housewives/Beverly	Below Deck Mediterranean	Real Housewives/Beverly	Happens	Housewives										
71	CMT	55	Last-Standing	Last-Standing	Last-Standing	"Gone in 60 Seconds" (2000, Action)	Nicolas Cage, Angelina Jolie, Giovanni Ribisi.												
24	CNN	26	The Situation Room (N)	Indiana Primary	Indiana Primary	Indiana Primary	Indiana Primary	Daily Show	Nightly Show										
66	COM	59	Futurama '14'	Futurama '14'	Futurama '14'	Tosh.0 '14'	Tosh.0 '14'	Tosh.0 '14'	Tosh.0 '14'	Tosh.0 '14'	Tosh.0 '14'	Tosh.0 '14'	Tosh.0 '14'						
69	CPSPAN	98	Key Capitol Hill Hearings	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.	Indiana Primary Results Coverage: Results, speeches, and reactions to the Indiana presidential primary.						
35	DIS	136	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards	Radio Disney Music Awards						
41	DSC	32	Deadliest Catch 'PG' (CC)	Deadliest Catch 'PG' (CC)	Deadliest Catch 'PG' (CC)	Deadliest Catch: On Deck (N)	Deadliest Catch (N) 'PG'	The Last Alaskans (N) '14'	Deadliest Catch 'PG' (CC)										
65	E!	57	The Kardashians	El News (N) 'PG' (CC)	El News (N) 'PG' (CC)	Fashion Police (N) '14' (CC)	Botched '14' (CC)	Botched '14' (CC)	El News (N) 'PG' (CC)										
29	ESPN	28	SportsCenter (N) (CC)	Welcome/NFL Welcome/NFL	Welcome/NFL Welcome/NFL	Welcome/NFL Welcome/NFL	SportsCenter Special (N)	E:60 (N)	SportsCenter (N) (CC)										
30	ESPN2	29	Around/Horn	Interruption	NFL Live (N) (CC)	College Football From Feb. 2, 2016. (CC)	College Football From Feb. 2, 2016. (CC)	Welcome/NFL Welcome/NFL	Welcome/NFL Welcome/NFL	Welcome/NFL Welcome/NFL	Welcome/NFL Welcome/NFL	Welcome/NFL Welcome/NFL	Welcome/NFL Welcome/NFL						
59	FOOD	51	Chopped 'G'	Chopped Junior 'G'	Chopped Junior 'G'	Chopped Junior (N) 'G'	Chopped Junior 'G'	Chopped Junior 'G'	Chopped (N) 'G'										
137	FREE	69	The Middle	The Middle	"Harry Potter and the Prisoner of Azkaban" (2004, Fantasy)	Daniel Radcliffe, Rupert Grint.	Stitchers (N) '14' (CC)	The 700 Club 'G' (CC)	Sports Live										
32	FS1	63	NHRA Drag Racing	MLB Whiparound (N) (CC)	MLB's Best	UFC Insider	Boxing: Premier Boxing Champions. (CC)												
70	FX	47	"White House Down" (2013, Action)	Channing Tatum. (CC)	"Lone Survivor" (2013, War)	Mark Wahlberg, Taylor Kitsch, Eric Bana. (CC)	"Lone Survivor" (2013, War)	Mark Wahlberg. (Ends 1:00)											
28	FXNWS	46	Special Report	Greta Van Susteren	The O'Reilly Factor (N) (CC)	The Kelly File (N)	Hannity (N)	The O'Reilly Factor (CC)											
58	GOLF	49	Golf Central	Inside PGA	Golf Academy	Learning	Golf's Greatest Rounds (N)	Golf Central	Inside PGA										
51	HALL	53	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Last-Standing	Golden Girls	Golden Girls										
61	HGTV	58	Fixer Upper 'G' (CC)	Fixer Upper 'G' (CC)	Fixer Upper 'G' (CC)	Fixer Upper 'G' (CC)	Fixer Upper 'G' (CC)	Fixer Upper 'G' (CC)	Fixer Upper 'G' (CC)										
43	HIST	48	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars										
40	LIFE	42	Dance Moms 'PG' (CC)	Dance Moms 'PG' (CC)	Dance Moms 'PG' (CC)	Dance Moms (N) 'PG' (CC)	Dance Moms (Season Finale) (N) 'PG' (CC)	Dance Moms 'PG' (CC)	Dance Moms 'PG' (CC)										
55	LMN	119	"Derailed" (2005) Clive Owen.	Jennifer Aniston. (CC)	"Enough" (2002, Suspense)	Jennifer Lopez, Billy Campbell. (CC)	"Taken for Ransom" (2013) Teri Polo. '14'	The Place for Politics 2016	The Place for Politics 2016										
26	MSNBC	56	The Place for Politics 2016	The Place for Politics 2016	The Place for Politics 2016	The Place for Politics 2016	The Place for Politics 2016	The Place for Politics 2016	The Place for Politics 2016										
73	MTV	39	Teen Mom 2 'PG'	Teen Mom 2 'PG'	Teen Mom 2 'PG'	Teen Mom 2 'PG'	Teen Mom 2 'PG'	Awkward. (N)	Faking It (N)	True Life									
64	OXY		Living With	Living With	Bad Girls Club	Bad Girls Club	Living With	Like a Boss (N) 'PG'	Bad Girls Club	Like a Boss									
141	SCIENCE	110	What on Earth? 'PG' (CC)	What on Earth? 'PG' (CC)	What on Earth? 'PG' (CC)	What on Earth? 'PG' (CC)	What on Earth? 'PG' (CC)	Space's Deepest Secrets (N)	What on Earth? 'PG' (CC)										
68	SPIKE	40	Ink Master	Ink Master	Ink Master	Ink Master	Ink Master '14' (CC)	Ink Master '14' (CC)	Ink Master (N) '14' (CC)	Ink Master (N)	Ink Master	Ink Master	Ink Master						
31	SUN	41	Inside Rays	Pregame	MLB Baseball: Los Angeles Dodgers at Tampa Bay Rays. (N)	"Resident Evil: Apocalypse" (2004) Milla Jovovich. (CC)	"Resident Evil: Apocalypse" (2004) Milla Jovovich. (CC)	Postgame	Lightning Live! (N)	Postgame (N)	Inside Rays								
69	SYFY	60	"Silent Hill: Revelation" (CC)	"Silent Hill: Revelation" (CC)	"Silent Hill: Revelation" (CC)	"Silent Hill: Revelation" (CC)	"Silent Hill: Revelation" (CC)	"Drive Angry" (Ends 1:00)											
12	TBS	35	Seinfeld 'PG'	Seinfeld 'PG'	Seinfeld 'PG'	Seinfeld 'PG'	Big Bang	America's	Separation Anxiety (N) 'MA'	Conan (N) '14' (CC)									
46	TCM	62	Men-Chnc	"A Successful Calamity" George Arliss.	"Music in the Air" (1934) Gloria Swanson.	"Fury" (1936) Sylvia Sidney, Spencer Tracy. (CC)													
62	TELE		Decisions	Noticiero	Caso Cerrado: Edición	Eva la Trailera (N) '14' (SS)	La Esclava Blanca (N) (SS)	El señor de los cielos (N) '14'	Al Rojo Vivo	Titulares, Mas									
45	TLC	23	Long Lost Family '14' (CC)	Long Lost Family 'PG' (CC)	Jill & Jessa: Countdown	Jill & Jessa: Counting On '14'	Little People, Big World (N)	Jill & Jessa: Counting On '14'											
11	TNT	27	Castle 'PG' (CC) (DVS)	Castle 'PG' (CC) (DVS)	NBA Basketball: Miami Heat at Toronto Raptors. (N) (CC)	NBA Basketball: Trail Blazers at Warriors	Bizarre Foods America 'PG'	Bizarre Foods America 'PG'	Bizarre Foods America 'PG'										
56	TRAV	54	Bizarre Foods/Zimmern	Bizarre Foods America 'PG'	Bizarre Foods America 'PG'	Bizarre Foods America 'PG'	Bizarre Foods America 'PG'	Bizarre Foods America 'PG'	Bizarre Foods America 'PG'										
60	TRU	18	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers	Imp. Jokers										
38	TVLD	67	Andy Griffith	Andy Griffith	Andy Griffith	Andy Griffith	Everybody Loves Raymond	Raymond	Raymond										
18	UNI	16	Hotel Todo	Noticiero Uni.	Sueño de Amor (N) '14'	Un camino hacia el destino	Yago (N) '14'	NHL Hockey: San Jose Sharks at Nashville Predators. (N)	The Wood" (1999, Drama) Omar Epps, Taye Diggs.	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)						
39	USA	30	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Love & Hip Hop: Atlanta '14'	Love & Hip Hop: Atlanta '14'	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)										
72	VHI	38	Black Ink Crew '14'	Black Ink Crew '14'	Black Ink Crew '14'	Love & Hip Hop: Atlanta '14'	Love & Hip Hop: Atlanta '14'	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)										
37	WE	117	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)	Love & Hip Hop: Atlanta '14'	Love & Hip Hop: Atlanta '14'	Law & Order 'PG' (CC)	Law & Order 'PG' (CC)										
20	WGN-A	19	Blue Bloods '14' (CC)	Person of Interest '14' (CC)	Person of Interest '14' (CC)	"Maid in Manhattan" (2002) Jennifer Lopez. (CC)	"Maid in Manhattan" (2002) Jennifer Lopez. (CC)												

You can find weekly TV listings in My Week magazine each Sunday or follow the link online at [news-journalonline.com/entertainment](http://news-journalonline.com/entertainment)

## RECOVERY

From Page D1

issue with food alone when, in fact, they are often caused by a desire to control or seek relief from painful emotions and experiences. They can develop due to a person's genetic makeup, or by

environmental factors like stress.

However, as wide-spread as these illnesses are, recovery is possible.

“Getting treatment was one of the hardest challenges I’ve ever gone through, but was more rewarding than I could have ever expected,” Kerr said. “People go into

treatment thinking that they can’t do it, but if you give it a try and succeed, you’ll never want to go back.”

Today, Eating Recovery Center, a healthcare system dedicated to providing the best care in the treatment of serious eating disorders, will bring stories of recovery

to the forefront with the first-ever Eating Recovery Day. People can join the conversation on social media by using #EatingRecoveryDay.